

## 5/21/20 Fireside CharLA Resources

1. United Latinx Fund
  - a. [www.unitedlatinxfund.org/nonprofit\\_assistance](http://www.unitedlatinxfund.org/nonprofit_assistance)
  - b. Campaign for Nonprofit Resilience: <https://www.unitedlatinxfund.org/petition>
2. Dr. Ilan Shapiro, Medical Director of Health Education and Health and Wellness, [AltaMed Health Services](#)
3. [Dean Laura Mosqueda](#), Keck School of Medicine of USC
  - a. Facebook: <https://www.facebook.com/KECKschoolUSC/>
  - b. <https://dornsife.usc.edu/news/stories/3186/coronavirus-could-impact-most-vulnerable-in-los-angeles-county/>Resources: Center for the Study on Latino Health, UCLA, David Hayes-Bautista
    - i. <https://www.uclahealth.org/ceslac/workfiles/Research/COVID19/Report-State-COVID-19-Case-Rates-and-Pandemic-Protection-A-Metric-for-Decisions-to-Implement-Continue-or-Relax-Measures-April29.pdf>
    - ii. LA County Data:  
<https://dornsife.usc.edu/news/stories/3186/coronavirus-could-impact-most-vulnerable-in-los-angeles-county/>and <http://www.publichealth.lacounty.gov/docs/RacialEthnicSocioeconomicDataCOVID19.pdf>
4. LA County Public Health Department (New Report)
  - a. Link to article featuring new report:  
[https://laist.com/2020/05/08/la\\_county\\_coronavirus\\_latino\\_black\\_pacific\\_islander\\_asian\\_impact.php](https://laist.com/2020/05/08/la_county_coronavirus_latino_black_pacific_islander_asian_impact.php)
  - b. [COVID-19 Racial, Ethnic & Socioeconomic Data & Strategies Report](#)
5. Understanding why Latinos are so hard hit by COVID-19 – Article by Ed Morales
  - a. Link to article:  
<https://www.cnn.com/2020/05/18/opinions/latinos-covid-19-impact-morales/index.html>
  - b. Nationwide research by the Pew Research Center
    - i. Link to research:  
<https://www.pewresearch.org/fact-tank/2020/04/03/u-s-latino-among-hardest-hit-by-pay-cuts-job-losses-due-to-coronavirus/>
    - ii. Link to Pew Research Center: <https://www.pewresearch.org/>
6. Spanish language resources
  - a. Link to article with additional resources:  
[https://www.huffpost.com/entry/coronavirus-impact-latinx-mental-health\\_I\\_5ea9b743c5b6acde47fe7599](https://www.huffpost.com/entry/coronavirus-impact-latinx-mental-health_I_5ea9b743c5b6acde47fe7599)
  - b. Resource by The National Alliance on Mental Illness: COVID-19 Informacion Y Recursos Link to resource:  
<https://nami.org/Support-Education/NAMI-HelpLine/COVID-19-Information-and-Resources/Covid-19-Guia>
  - c. Henry Mayo stress reduction guide: Meditacion: Una Manera simple y rápida de reducir el estrés

i. Link to resource:

<https://www.mayoclinic.org/es-es/tests-procedures/meditation/in-depth/meditation/art-20045858>

7. ULF/LCLA CharLA contact info:

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